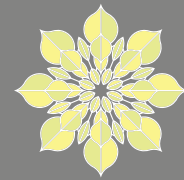


Prices, Confidentiality and Policy



Sandra Schmidt
Parent & Relationship Mentor

Options	Price	Length
Personal Support	€60 per session	60 min
Couples Therapy (Relationship Counselling)	€80 per session	60 min
Parent Support - One to One Parenting Coaching	€60 per session	60 min
Couple Support	€80 per session	60 min

Payment is taken at the end of each session by cash or cheque. There is no facility to take credit/debit cards.

*Depending on your personal circumstances, you may be able to apply for reduced cost services. Please let me know if you wish to apply and it will be discussed and explained during the initial phone call and consultation.

Confidentiality

Therapy is most effective when a trusting relationship exists between the therapist and the client. An essential part of your session is confidentiality. No personal information will be shared or revealed with or to other people.

I do not take notes

I do not engage in phone conversations in public places to clients

Client information will not be shared with friends, family or Acquaintances

I find it very important that confidentiality is honoured at all times.

Cancellation Policy

A session lasts about 60 minutes. You will usually meet with me one a week or once a fortnight. In the event that you need to cancel a session, you are required to give 24 hours notice, otherwise the full fee is incurred. If you fail to keep an appointment you will be charged for that missed session. This agreement is in place from the initial appointment. Your appointment can be rescheduled to a more suitable time.